Welcome!

The Vallarta Paper team gives you the warmest welcome to Puerto Vallarta and Riviera Nayarit. We wish you the best of the stays and hope you find the following information useful.

TIME ZONE: The state of Jalisco and the Riviera Nayarit area (Nuevo Vallarta, Bucerías, La Cruz de Huanacaxtle, Punta de Mita, Litibú, Sayulita, and San Pancho, and Lo de Marcos) are on Central time. Beyond that point, time changes to Mexican Pacific Standard Time, or Mountain Time, one hour behind Puerto Vallarta time. Please keep this in mind for your flight schedule.

CURRENCY: Mexican peso is the legal currency. However American and Canadian dollars are widely used and accepted in most establishments. We recommend you try to be aware of the exchange rate.

MONEY EXCHANGE: The easiest and cheapest way to exchange money is to use your debit card in the ATM to withdraw pesos. Be aware of the exchange rate option some ATMs offer upon withdrawal. Exchange houses and hotels usually offer higher rates.

TAXIS: The town and surrounding areas are divided into defined zones. If you are staying in a hotel, fares will be posted by the lobby. If you flag a cab on the street, ALWAYS agree on the cost beforehand. In town, prices are by trip, not by person. Only airport- and maritime port-based taxis charge by person, but you can’t catch those in town. UBER is available in town but will not pick you up in federal-sanctioned areas such as the airport.

BUSES: A system of urban buses carry you through the central part of town. There is a different system to travel south up to El Tuito, and yet another one to travel north up to Sayulita. If you want to travel further in either direction, you will need to catch a bus at the central station. Fare within town is 10 pesos. Drivers won’t give you change.

PHONE CALLS: Mexico has recently adopted the 10-digit system for all local, long distance, and toll-free numbers, either land or mobile lines. If you bring your mobile phone from home, check with your provider about services available in Mexico, or consider getting a Mexican SIM card. Most domestic carriers will give you unlimited calls to Mexico, US and Canada for as little as $500 pesos per month, plus some data included.

International Long-Distance Calls From Mexico US & Canada: Dial 001 + Area Code + Number Other countries: Dial 00 + Country Code + Area Code + Number

Calls To Mexico From Abroad To make a call to Mexico from abroad, just dial the country code + the 10-digit number.

Emergency Calls: 911

Important Numbers

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<thead>
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<th>Service</th>
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<tbody>
<tr>
<td>Immigration department</td>
<td>322 294 7719</td>
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<tr>
<td>Canadian consulate - 24/7</td>
<td>800 706 2901</td>
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<tr>
<td>Jalisco Tourism Office</td>
<td>322 294 5276</td>
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<tr>
<td>Nayarit Tourism Office</td>
<td>322 297 1006</td>
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<tr>
<td>Consumer protection</td>
<td>800 468 6722</td>
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<td>CFE - Power company</td>
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DRINKING WATER: Puerto Vallarta’s water has been awarded a certification of purity for the past two and a half decades. However, the quality of the water tested at the source varies greatly from what comes out of the tap at the other end. We strongly suggest you buy bottled water, available all over town.

TIPPING: In general, you may tip 10-20% in restaurants and bars. Please also try to tip those who bag your groceries or help load your car. Don’t forget to tip your maid, bell boy, masseuse, the band, the entertainment. And by all means, tip more if you want, it will be very much appreciated.

GETTING AROUND: In many places such as Centro Vallarta and Nuevo Vallarta there are paths for bikes and pedestrians. Please be respectful of these designations.

EXPORTING PETS: If you are an animal lover and fall for a dog or cat while in town, know that bringing them home with you is an easy and inexpensive process. You only need a certificate of health from a local vet and check with your airline for additional requirements. If you need further information, call the local animal shelter: 322 293 3690.
The stay-at-home slowdown – how the pandemic upended our perception of time

PHILIP GABLE
ASSOCIATE PROFESSOR OF PSYCHOLOGY,
UNIVERSITY OF DELAWARE
COURTESY OF THECONVERSATION.COM

Think back to life before stay-at-home orders. Does it feel like just yesterday? Or does it seem like ages ago – like some distant era?

Of course, time is precise. It takes 239 hours for the Earth to make one rotation on its axis. But that’s not how we experience time. Instead, internally it’s often something we feel or sense, rather than objectively measure.

It turns out our emotional state tends to play a big role in our perception of time – a dynamic that I’ve studied for 10 years. Much research has shown that relative to an emotional negative state, a positive one makes time appear to pass more quickly.

Back in the early days of the pandemic, when it became clear that the virus would upend our everyday lives, it wasn’t a stretch to assume that the coming weeks and months would be an emotional roller coaster.

Thanks to a grant from the National Science Foundation, my team and I developed a smartphone application to document the emotions, perceptions and behaviors of Americans during the pandemic on a month-by-month basis. We’ve been able to track the extent to which Americans’ internal clocks went haywire – and explore why this might have happened.

Why does this happen?

Emotion and motivation are intertwined. Emotion compels us to act in certain ways, whether it’s diving into a project when we’re excited or hiding when we’re terrified. The former is called “approach motivation,” while the latter is called “avoidance motivation.”

My team and I have been able to show how approach motivation causes our sense of time to speed up, but avoidance motivation causes it to slow down. The more motivation we feel in either direction, the more pronounced the change in our perception of time.

This happens for a reason. When we’re motivated to do something we have a goal in mind, whether it’s finishing a puzzle or evading a car that’s blown a red light.

The speeding or slowing of time may help us achieve these goals. When time passes more quickly, it makes it easier to pursue a goal for a longer period of time. Think about a hobby you enjoy and how time passes more quickly when you’re engaged with it.

In contrast, when avoidance motivation is triggered, time slows down to prevent us from lingering in potentially harmful situations. If time seems like it’s dragging when you’re frightened or disgusted, you’ll act more quickly to get yourself out of harm’s way.

Our pandemic clocks

It’s this avoidance situation that many of us found ourselves in at the beginning of the pandemic. There was this threat that we wanted to evade, but since we couldn’t see it, we were left trying to avoid a range of potentially harmful situations. Because these included routine activities like shopping and exercising, our avoidance motivation was constantly triggered.

The turbulence of time

There’s truth to the aphorism “time flies when you’re having fun.” On the other hand, the opposite seems to occur when we’re scared, sad or anxious. For example, people often remark how car wrecks or accidents seem to happen in slow motion.

If you felt like time slowed down during the early days of the pandemic, you weren’t alone.

In April, about 10% of our sample moved from feeling like time dragged to feeling like time flew. More people were feeling relaxed and calm, and interestingly it was these positive feelings, along with the perception of time flying, that predicted whether people would engage in social distancing. So, it’s possible that people’s improved mood and the shift in their perception of time motivated their willingness to socially distance. Still, there was a big chunk who felt – and probably still feel – that time is dragging.

Fortunately, if you feel this way, you can do something about it. Exercise, hobbies and a routine help speed up your perception of time. Sure, it might not “fly by,” but its pace could quicken just enough to make you feel a little better.
Cindy Bouchard
an expat Canadian runs a Boutique Inn, Villa Amor del Mar in La Cruz de Huanacaxtle.
She and her husband Chris are living and lovin’ in Vallarta-Nayarit. If you want more info on La Cruz or desire, A very special vacation contact cindy@VillaAmordelMar.com

Crazy days and Crazy nights

Living thru the Crazy that is COVID19 by day we now enjoy nature’s fireworks at night... the blast of thunder had Chris and I jumping out of bed flinging the doors open reveling in the brilliant lightning filling the sky. The scent after months of rain-free dry ground cannot be explained, one must breathe it in and enjoy.

Promising to report back on the economy of La Cruz after ‘partial opening’ I asked local businesses to share their reality and hopes for the future of our beautiful town.

As I share the reality and strategies folks are making let’s focus on what one business owner told me:

“We are a resilient country and we will come out of this ordeal with arms wide open to receive our tourist friends with a smile and a perfect margarita in hand. This too shall pass…”

My interviews revealed that the reality is similar to all:

“This will not be a profitable time for us, we’ve lost a good portion of our spring season”

“We’ve had cancellations into 2021 as some travel agents are advising our guests not to travel.”

“Having a restaurant in a tourist destination makes it even more difficult to endure since we depend mostly (95%) on tourism to have successful business.”

“As a restaurant we lost many opportunities; selling food, liquor, wine and most important we miss serving our customers”

“It is difficult to maintain a sense of responsibility to our workers and ourselves. Without customers, there’s no means to survive, which affects us economically and morally.”

As for the future:

“We’re keeping positive thoughts that the airlines and borders open. We hope to have our die-hard expats return along with retired folks and other tourists.”

“I like to think that most people are fed up with the whole situation and most want to escape to beautiful and serene destinations like ours and return to some sort of normality”

“I’m encouraged about the future as I hope that soon the situation will improve, the best thing we can do right now is to take care of ourselves and our families by avoiding unnecessary contact and help in our community.”

What La Cruz has going for us is our quaint village.

Although this was quoted by one business owner it could be said about many businesses in La Cruz.

“We’ve always been all about offering a boutique experience to our friends and customers. Our business model - offer an exclusive experience away from the crowds in a serene and spacious atmosphere. We were, already, following social distancing rules before they were mandated.”

La Cruz experiences to enjoy!

“Live in La Cruz”

“Outside of the Crazy days and Crazy nights, La Cruz is a very special place

At the La Cruz Inn we have two upcoming special events, June 17th is our 4th Anniversary and we’re offering a 3-course Turkey Dinner, $249, reservations required. On July 1st, Canada Day/ Independence Day we hope you can join us for a fun BBQ at Rancho La Cruz 2:00 - 6:00 pm with the Crazy Boys Rock Band. There will be games, food, and drinks available. Reservations required, 329 295 5849. We wish everyone well during
these tough times. Stay positive friends.”

“This is a time of learning, forcing us to adopt new strategies and adopt new preventative measures. At Frascati and La Pesca we promise your health is our first concern. We look forward to serving you June 25th.”

“We’re treating this as a Storm effect; weathering it well. Our clients see Banderas Bay as safe and protected. We anticipate clients using this “Time-out” to rethink their future plans coming back next season with a stronger purpose… that’s good for business. Kat, Marina Riviera Nayarit.

“Our tours will be private, small groups. We will adhere to the healthcare guidelines for the safety of our customer and ourselves” Chuck’s Tours.

“Spend a day in a place that is away from it all, private and with no crowds please visit Litibu Grill June 19th and beyond!”

The good news is that some didn’t answer my request because they’re too darn busy serving our town. I’m doing my best to keep up with what’s happening in real time in my Boosting La Cruz Blog.

We’ve got this. support Local Business!
Elizabeth & Justin

By Roberto Aceves
The Perfect Storm

Now is the time. Poet, author and activist Maya Angelou said it so beautifully... “It is time for parents to teach young people early on that in diversity there is beauty and there is strength.”

When I first heard the expression global marketplace, it sounded so positive and unifying. I understood the economics of companies desiring to grow a business internationally. Yet I hoped it would also produce a greater cultural growth and understanding between countries. Why didn’t the worldwide exchange and production of material goods bring people closer together? I recognize that the primary goal of a company is to make a profit so it can sustain itself and grow.

There are many forms of capitalism and this article is not about business except for food and survival, but for power, control, and wealth. I am hopeful we can change channels. Switch off the mainstream media into local communities and offer daily discussions on local activities committed only by people of racial, gender and religious profiling. It is not surprising that a lot of people are questioning what is going on? By deliberately or foolishly spreading pictures and news stories describing crimes and illegal activities committed only by people of color or ethnicity, we are perpetuating racism and bigotry in the name of safety and security.

We need to shine a light on this issue. Recognize the effect these messages have on us. Admitting we have turned a blind eye on racism is a step in the right direction. Reaction to the clear evidence of examples of police brutality in the U.S. that just occurred hit a nerve. It is not new. Native Americans, Chinese, Japanese, Black Americans, Jews, Muslims, are some of the targets of decades of hate crime. For me, the U.S. is a glaring example to highlight. Perhaps it is easier for other countries to point a finger; yet they too had underlying injustices to address. People in glass houses shouldn’t throw rocks.

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Restaurant starts food pantry for needy citizens. Now it's a permanent food bank

‘No one goes hungry’: Vallarta Food Bank is supplying 3,000 families a week

It was mid-March and restaurateurs Francie Nguyen, Jimmy Plouff and Francesca Victoria Baruhelas Estrada watched as theirs and other local businesses closed as the coronavirus began to spread in Mexico.

Tourism in Puerto Vallarta had abruptly stopped, and thousands of local people were out of work with no end in sight.

“We thought we should do something to help,” recalled Nguyen. Plouff and Baruhelas had already closed their restaurant, Tunnel Row Barbecue, and turned it into a food pantry for the neighborhood, but wanted to do more.

Pooling their expertise, resources, and food knowledge, they started the Vallarta Food Bank with a simple, direct goal: that no one would go hungry.

A humble beginning of giving away six despensas, or food packages, has blossomed into a weekly distribution of 3,000 packages of basic necessities, delivered to remote villages, handed out at the food bank site, or distributed through other local agencies and soup kitchens.

The non-profit, volunteer-based organization’s mission is “to make sure everyone has food on their table.”

“The poverty that surrounds paradise is overwhelming,” said Plouff. “So many people come here year after year and never see this side of Mexico.”

Bañuelos has been the major force in finding distributors and negotiating the best prices. The food bank now buys up to 15 tonnes of food each week, purchasing lentils, pasta, oatmeal, tortilla flour, milk, tuna, oil, sugar, fresh vegetables and paper and hygiene products into individual despensas that end up costing about 120 pesos (US $5.40) per 10-kilo bag.

“This month, we’re spending $73,000 to make 12,500 despensas, which is the equivalent of 350,000 meals for the families in need,” said Nguyen. “That’s a huge amount of money, and we’re grateful for every cent.”

A recent phone call from the mayor’s wife on behalf of the DIF family services agency illustrated how great the need is and how fast it’s growing. She said 150,000 people have asked for help, and that their system is overwhelmed.

“We do all we can but we can’t feed 150,000 people,” said Nguyen, obviously distressed. “We’re growing to meet the need, trying to feed 3,000 families a week. As long as we can we’ll keep up the fight against hunger” with people’s help.

Vallarta Food Bank functions with a detailed registration process and database to ensure those in need are taken care of on a weekly basis. Each family then receives a card for five weeks of despensas, at which time they’re evaluated again. Packing, organizing and deliveries are made by a network of 60+ volunteers who work together as an efficient team. Plouff stressed that their organization is transparent, and detailed financial information is updated regularly on their website.

“We honor all financial support by keeping our operations 100% volunteer-based with only 5% going to rental, utilities and non-food supplies,” said Plouff. “This allows us to distribute the equivalent of five meals for every US dollar we receive.”

The challenge now is the rainy season, already predicted to be worse than ever before. Those who live in or who have been to Vallarta in the summer know the rains are torrential, for days at a stretch. That’s why the food bank created a “rainy season pledge” to help during this especially difficult time. More information about how this works can be found on the website.

While they’ve done and are doing so much, the Vallarta Food Bank is also looking ahead to the future. They’ve just signed a long-term lease on a property and are busy remodeling even while they continue to function. Plouff and Bañuelos donated all the kitchen equipment, furniture and air conditioners from their restaurant to the project.

“We decided that what Vallarta needs more than a great BBQ restaurant is what Vallarta Food Bank is quickly becoming,” said Plouff, adding that Tunnel Road Barbecue will not reopen. “We will pour all of our hearts and time into making Vallarta Food Bank a permanent fixture of hope and light for the community that has given us so much.”

Now that they have a permanent location, the food bank wants to improve their food programs to include these initiatives:

Soup kitchens. Instead of a despensa, families can get hot food six days a week.

Food market. Recipients can use points to purchase their choice of food and necessities specific to what their family needs.

Food system collaborative. To support local agriculture by partnering with local food growers to provide and trade fresh food at the market.

Elderly box program. Monthly delivery of a box of food and necessities to the elderly community.

Food scholarships. Clients receive ‘food scholarships’ when they commit to programs to improve their job skills.

“Our vision doesn’t end with providing emergency food assistance,” said Plouff. “We want to help improve the livelihoods of families in Vallarta. Our goal is to create a community center where anyone can sign up for skill-training programs to improve their job prospects, like English, electrical, carpentry, sewing, plumbing and entrepreneurship.”

“We feel like we need to help this community to be more self-sustainable, and not to depend on just tourism,” added Nguyen. “Since they started the food bank, Nguyen has been asked the same question over and over. ‘How can I help?’

“If you’re able, well love it if you could make a donation,” said Plouff. “The direct impact of your contributions is simple: the more funds we receive, the more despensas we can pack and distribute. The need never slows down.”

“We will be here as a promise of hope to the vulnerable population of Vallarta,” he continued. “We cannot do what we do without the support of our many generous donors and volunteers working hard behind the scenes. The reason this mission focused: no one goes hungry. Thank you to all the people and businesses that have made this possible. We will remain #VallartaStrong.”

• For more information or to make a donation by credit card or PayPal, visit www.vallartafoodbank.com.

Mexico News Daily
Sea turtles: Where do they come from?

The most interesting thing is the ability they have to return to their place of birth to lay their eggs, which is surprising considering that for many of them it will have been close to a decade since they hatched and that for us, any sandy beach can be quite similar and difficult to differentiate. But they from the moment they leave the nest where they hatched, begin to create a mental map of the characteristics of the beaches and the waters where they swim, the smell and color of the sand, its texture and thickness, the inclination of the beach, the marine currents, its geographical orientation and many other details they can remember and we cannot even imagine. To give an example, imagine that only in the Bay of Banderas, if we collected sand from its different beaches, we could perfectly distinguish where each one comes from due to its characteristics.

But for many sea turtles, that “fidelity” to the site where they hatched may correspond to a region and not to a specific beach. Still, it’s amazing, don’t you think? Something equally interesting also happens because once they settle in the region (for example, the beaches near the Ameca river), the two or three times they go out to lay their eggs they will do so in the same place where they first came out. I checked it repeatedly and it’s amazing to see them come back again and again to select their same favorite spot in front of the Marriott hotel. As soon as they get out of the water and begin to climb the beach, they can be seen “sniffing” the sand. They plunge their face into the sand as they continue walking and sniffing, and sometimes they stop to take a look and stretch their neck upwards while they inhale deeply, as if trying to find that essence that reminds them of their lives inside the nest and their first way to the sea.

I must admit that the behavior of the olive ridley is very different according to their nesting preferences, whether they are those who lay their eggs alone and without massive coordination (such as those that come to the Bay of Banderas) and those that gather by the thousands and nest in coordination for up to four consecutive nights (this phenomenon is called “las arribadas”). The arrivals are much more predictable and the most spectacular occur during the months of August and September, adding up to about 100,000 individuals. The most famous arrivals take place in the State of Oaxaca, but in the last two decades the Isla de la Pastora in Michoacán has become very important. The State of Jalisco, until the end of the 1970s, recorded important arrivals on the beaches known as the Playa de Mismaloya and La Gloría, where up to 20,000 females were counted per arrival. Sadly, that population of landing turtles was lost due to the fact that we were still commercially capturing the olive ridley. Imagine the pressure the turtle population had to endure with the catch and death of more than 100,000 turtles each year in western Mexico alone, until their capture was definitively banned in 1990.

Fortunately, since then, very important efforts have been made to protect them and recover their populations, and we do not lose hope that they will once again give us the opportunity to see them arriving in mass and claiming those beaches in Jalisco that were once theirs.

Remember that as they are a species protected by Mexican laws, you must keep your distance and not disturb them when you see them go to the beach to lay their eggs. You can see but not touch, and if you are concerned about the safety of the turtle itself or its eggs, you can call Municipal Ecology or the police for protection. Hopefully, that nest will be taken to one of the hatcheries that exist in the region, and after 45 days of incubation, their young will be released into the sea to begin that mysterious and long journey to the open sea. Would you like to be a sea turtle? I do, in order to see the world the same way they see it. I can hardly imagine how many incredible adventures they will experience each day!
Local Charities and Non-Profit Organizations

For those who wish to support the less privileged in our paradise, here are some of the many organizations that could benefit from such kind gestures. To publish your organization, please email details to editor@vallartapaper.com.

**Amigos de La Cruz de Huanacaste, A.C.**
Cultural, educational, environmental and charitable assistance programs. Tax deductible. www.amigosdelacruz.org

**Amazing Grace Missions**
Assisting families in Magisteno & Progreso. slv2014mv@gmail.com

**American Legion Post 14**
Raises resources and manpower to improve facilities needing building maintenance. americancitadel40.org

**Amigos del Magisterio**
Food delivered directly to workers at the PV dump, their families and schools in Magisteno and Volcanes. amigosdelmagisterio.com

**Asilo San Juan Diego Home for the Elderly**
Contact: Lupita Sanchez Covarrubias 322 222 1257 or mexonline.com/asilosanjuliandiego.htm

**Asociación Down**
Assistance to persons with Down’s Syndrome - Contact: Ana Eisenring at 322 224 1977.

**Bocas Vallarta, A.C.**
Provides scholarships to high school and university students. Tax deductible in Mexico and USA. Polly Vicars at 322 223 1771 or Bun Gray at 322 221 5285

**CANICA**
Centre for Children with Cancer. Provides aid for treatment and services including transportation to GDL. Contact Director, Evelia Basañes 322 123 5688

**Casa Hogar Máximo Cornejo**
A shelter for orphaned, abandoned, disadvantaged or vulnerable children. Luz Aurora Arredondo at 322 221 9108, casahogar.maximocornejo@hotmail.com

**Clinica de Rehabilitación Santa Barbara**
Rehabilitation of the handicapped. Contact: Laura Lopez Portillo Rodriguez at 322 224 2754

**COLINA Spay and Neuter Clinic**
Free and by-donation sterilization clinic in Old Town. Only open Saturdays. Contact: ces@rogers.com or 322 104 6609

**CompassionNet Impact**
Transforming the lives of people living in chronic poverty. Job creation, education, emergency & more. Tax-deductible Contact: 322 133 7263 or ric@4compassion.org

**Corazon de Niña**
A safe, loving, home environment for children and youth rescued from high-risk situations. www.fundacioncorazon.mx

**Cruz Roja (Red Cross)**
It handles hospital and emergency service in Vallarta. It is the only facility that is authorized to offer assistance to injured people on the street. Contact: 322 222 1533 or 322 222 4973

**Desayunos para los Niños de Vallarta A.C.**
Feeding programs, education programs, day care centers for single mothers. 322 223 4311 or 322 222 2572

**Discapacitados de Vallarta, A.C. (DIVAC)**
Association of handicapped individuals dedicated to helping one another. Contact: Ivan Applegate at 322 221 5153

**Ecology and Conservation of Whales, AC.**
National Coordination Network for the Assistance of Entangled Whales. Contact: 322 224 7561

**Families At The Dump**
Supporting families living in the landfill or garbage dump thru education and sustainable opportunities. familiesatthedump.org

**Fundacion Punta de Mita**
Contact: Ana Lilia Medina Varas de Valdés. ana@fundacionpuntademita.org Tel. (329) 291 5035

**Friends of PV Animals**
Volunteers working to enhance the lives of shelter animals. For info and donations visit friends@pvanimals.com

**Grupo Ecológico de Puerto Vallarta:**
Contact: Luz del Carmen Perez A - cayro_13@hotmail.com - grupoecologico.com

**Horizonte de Paz**
Welcoming shelter for men of all ages who are troubled with alcohol & drug addiction. Contact: Maynor at 322 281 0644 horizontedepaz@live.com

**Instituto de Artes Musicales Puerto Vallarta (IAMPV)**
Is: Asociacion Civil and the umbrella organization over several groups, including the Puerto Vallarta Orchestra, the Salty Paw Jazz Orchestra, a children’s music school, and others. Contact: Daniel Oliveros. 322 105 8344

**International Friendship Club**
Provides medical, educational and social services to those in need in Puerto Vallarta and area. www.ifcvallarta.com

**La Brigada de la Basura**
A weekly meeting of neighborhood children to clean Vallarta Streets. Contact Que?Pasa. 322 223 4006

**Mexico Ministries & Mission, Inc.**
It raises funds to the poor in Vallarta. Contact Fr. Jack at 322 229 429 christchurchbythesea.org

**Puerto Vallarta Navy League AC**
Contact: Carol Smith at 322 137 4902

**New Life Mexico**
Challenging child poverty with health and education programs. Contact: Philippa Vernon pvp@newlifemexico.com

**Paradojo Felino AC**
Refuge and adoption centre for cats and kittens in the Bay of Banderas. Contact: 322 120 4092

**Pasitos de Luz**
Substitute home for low income children with any type of handicap, offers rehabilitation services and more. 322 299 4446 pasitosdeluz.org

**Purr Project**
No-kill feline rescue - www.purrproject.com

**PEACE Animals**
Free mobile spay/neuter clinic operating 48 weeks a year, primarily in Puerto Vallarta. Tax deductible. peaceanimals.org

**Pro Biblioteca de Vallarta**
It raises funds to the poor in Vallarta. Tax-deductible receipts for Mexico and USA. Contact: 322 241 9666

**Proyecto Pitillal Busca un Amigo**
Association created by underprivileged mothers of paralyzed children. Contact: 322 299 4465

**Refugio Infantil Santa Esperanza Shelter**
For children

**Donations are tax-deductible in Canada** and the U.S. Contact: Madre Mali at 322 222 7857 - www.wcshita

**Ronny’s Kids**
They educate the children of the Volcanes and surrounding area www.kidsromanmexico.com

**Toys for Tots Vallarta**
It distributes toys and constructs playgrounds for less-advantaged kids in the Puerto Vallarta area Contact: Jerry Lafferty. 322 221 6156

**SETAC**
Services the GLBT community. Contact: Paco Arjona at 322 224 1974

**SPCA PV**
Provides shelter and vet services to rescued animals. www.spacapv.com

**Vallarta Botanical Gardens**
To build Mexico’s greatest botanical, research & education of plant life, city beautification programs, bird watching, etc. Donations are tax deductible in the USA. Contact: 322 221 182 or info@vallartabotanicalgardens.ac
By Yaakov Bendavid & Yoni Glatt / Ed. Rich Norris
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ACROSS
1. Brings from novel to screen
7. Like some captioning
13. Energy bill letters
16. See 117-Across
19. Victim of Perseus
20. MLB call-up, often
21. "With any luck"
23. Fault a rearrangement of infielders?
25. "Mean Girls" writer and co-star
26. McCann of country
27. Sahara reptile
28. Mixer knob
30. Michael who played Juno's love interest in "Juno"
31. Priest who reared Samuel
32. Swear
33. Like the Sisters in "Macbeth"
34. "...cryin' out loud!!"
35. Gives surf ratings?
39. Way to one's heart?
42. "Lucas" co-star
43. Former Arthur Ashe Stadium neighbor
44. Ready, as a range
46. Uber alternative
48. Collection of maps
51. Withdrew
52. Have trouble with Skyscrapers
55. Arranges for party chefs?
58. Friend of Genie in "Aladdin"
59. Dobre of "The Vampire Diaries"
60. Chaos
61. "...int!"
65. Celtics star Walker
67. Crafty site?
70. Vision starter
71. Lucy's sitcom pal
72. Henry James, for much of his life
73. Inside job
75. Big ref. volumes
77. Link letters
78. Masters yoga?
82. Cruising
83. Freud's homeland
86. ___ cords
87. Brutal act of Brutus
89. Equal shore, maybe
90. Cupid counterpart
92. "The ___ Kid": 1950s TV Western
96. In need of companionship
97. Ask, "You sure this is diet?"
102. Some H.S. classes
103. Sushi fillings
104. "...as good a time ..."
105. Big name in Marvel Comics history
106. "Toodlies"
108. Butter in literature
109. Pursue
111. "Sick" insult
112. Inability to smell
114. Emulate a Jedi?
117. With 16-Across, elaborately designed decoration
118. SoCal locales in a 1987 Cheech Marin title
119. Harm's way
120. Sounds of disgust
121. NBA's Cavs. on scoreboards
122. Prepares (oneself), as for a crisis
123. Stable animals

DOWN
1. Unhurried bunch
2. Biblical betrayer
3. 2015 romantic fantasy role for Blake Lively
4. Yellowstone predator
5. "Old Possum" monogram
6. Took a pass
7. Pungent greens
8. Give the slip to
9. Impressed crowd sounds
10. Emilulate Olympians Miller and Vornado
11. Statue of Liberty architect
12. Fine point
13. Passed, as bad checks
14. Machinery noise
15. Boo
16. Called the game
17. App buyer
18. "Creations from la cocina" brand
22. What a nervous director may do?
23. __ brown
29. Many profs.
32. "Woodstock" quartet, initially
33. Plentiful supply
34. Roshida Jonze facial feature
36. Isodic source
37. Source of many dramatic quotes: Abbr.
38. Licks
39. Mars; Pref.
40. Issa of "Insecure"
41. Since Jan. 1, to CPAs
43. "Once-ayr. reason for oversleeping?"
46. Take from a sale
47. Tin-eared
49. At the drop of ___
50. Golfer Ballesteros
52. Canoeing venue
53. Curly-horned goat
54. Cesspool
56. Author with three 5-letter names
57. Dash alternative, perhaps
59. Seven and eleven, in craps
62. Like so
63. Simply
64. First name in jazz
66. Block an access road between hills?
68. "SNL"-like show that spawned many comedic careers
69. Start of a pirate chant
70. Intermission
71. ...pad
72. Bane of Sideshow Bob
73. Wells' fruit eaters
74. Rose's Broadway beau
75. Verizon subsidiary
76. Game with Skip cards
77. Lawmaking century
78. Frankfurter's exclamations
90. Beethoven's 32 for piano
93. Spare no expense
94. Strong-armed
95. Some operate remotely
97. Montreal's prov.
98. Lets loose
99. Patronizes, as a diner
100. Snack
101. Suit fabrics
103. Honorific for Macbeth
106. Bygone recording medium
107. One way to start
108. Dough in Tehran
109. A step down from "Funny!"
110. Setting of many a "Far Side" comic
111. ...tired
112. Karaoke aid
113. Leads-to-London dir.
116. "...chance!"
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